



3rd Annual Warrior Invitational

Thursday April 19th, 2018

(rain date April 20th)

Hosted and Sponsored by: Foxboro High School
Sanctioned by MIAA for Massachusetts Member Schools

Location: Ahern Middle School

111 Mechanic Street

Foxboro, MA

Starting Time: 9:30AM – Pentathlon

10:30AM – Track Events (Boys first)

(100/110H, 100, 200, 400H, 400, 800, Mile, 2Mile,
4x100, 4x400, 4x800)

10:30AM – Javelin (G-B) / Discus (B-G) / Shot* (B-G)

*after Pent. SP

Pentathlon Limitations:

Three Athletes per gender, per school.

Pentathlon will be limited to the first 18 Athletes. A waitlist will be established, and we may choose to accept a maximum of 24.

Athlete Limitations:

Individual limit: 2-1 (2 track / 1 field, or 1 track / 2 field)

Pentathletes: limited to the Pentathlon only

There is no team limit in the Individual Events.

Each Relay is limited to two teams per gender per school.

Awards:

Pentathlon: Top 3

Track: Top 6 per event

(No team scores)

Entry Deadline:

Monday April 16th, 2018 on Direct Athletics



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Entry Fee:

\$30 per Pentathlete

\$6.00 per Athlete per event

\$10 per relay

Max of \$200 per gender per school

Make Checks Payable and Mailed to:

Foxboro High School

c/o Rich Cormier, Athletic Director

120 South Street

Foxboro, MA 02035

Meet Questions can be directed to:

Joe Cusack: CusackJ@foxborough.k12.ma.us

Myles Eldridge: EldridgeM@foxborough.k12.ma.us

All Athletes must be accompanied by a coach.

There will be an athletic trainer on-site, please bring your own supplies for taping.

No team will be allowed to compete unless a check has been received by the start of the meet (unless other arrangements have been made).

Once you enter, you are responsible for the entry fees, regardless if the Athlete competes or not.



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Starting Times:

Pentathlon

9:30AM

100m Hurdles (Girls)

110m Hurdles (Boys)

Long Jump* (Girls)

High Jump* (Boys)

Shot Put* (Girls)

Long Jump* (Boys)

High Jump* (Girls)

Shot Put* (Boys)

800m (Girls)

1500m (Boys)

- *Measurements will be metric for jumping and throwing events

- ~30 minute break will be taken between events



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Starting Times:

Track Events

- Boys followed by Girls
- Seeded heats will be run last
- Pentathlon 800m and/or 1500m will interrupt running events as needed.

10:30AM

400m Hurdles – Finals
One-Mile Run – Finals
110Hurdles / 100Hurdles – Finals
100m - Finals
800m Run – Finals
400m Dash – Finals
200m Dash - Finals
Two-Mile Run – Finals
4x100m Relay - Finals
4x800m Relay – Finals
4x400m Relay - Finals

10:30AM

Javelin (Girls/Boys) – Discus (Boys/Girls) - **Shot Put
(Boys/Girls)

- Top 7 advance to a Final (3 throws)

**Long Jump (Boys/Girls) – **Triple Jump (Girls/Boys) –
**High Jump (Girls/Boys)

- Top 7 (LJ, TJ) advance to a Final (3 jumps)

- All legal throws will be measured, no minimum distance.

**Shot put, long jump, triple jump, and high jump will be held after
Pentathlon Shot Put is over



Warrior Invitational Meet Records

	Boys				Girls			
100m	Daniel Alice	Canton HS	11.97a	2016	Shraeya Srinivasan	Foxboro HS	13.44a	2016
200m	Evan Santos	Old Rochester Regional	24.34a	2016	Hannah Link	Canton HS	27.60a	2016
400m	Muhammed Sambo	Canton HS	52.6h	2017	Caitlyn Halloran	Hopkinton HS	59.4h	2017
800m	Jason Reed	Foxboro HS	2:13.64a	2016	Heather Linscott	Hingham HS	2:26.1h	2017
Mile	Mark Clancy	Canton HS	4:55.94a	2016	Isabelle Giordano	Hopkinton HS	5:27.9h	2017
110m / 100m Hurdles	Will Pottey	Foxboro HS	19.26a	2016	Zoe Smith	Old Rochester Regional	16.33a	2016
4x100 Relay		Canton HS	48.18a	2016		Canton HS	53.51a	2016
4x400 Relay		Canton HS	3:41.5h	2017		Hopkinton HS	4:10.6h	2017
4x800 Relay		Canton HS	9:12.0h	2017		Hopkinton HS	10:34.2h	2017
Javelin	Harry Smith	Old Rochester Regional	158' 0"	2017	Madisen Martin	Old Rochester Regional	108' 0"	2017
Discus	Tom McNeil	Foxboro HS	108' 1"	2017	Kelsey Holick	Old Rochester Regional	82' 1"	2017
Pentathlon	Danny Renwick	Old Rochester Regional	3586	2017	Jada Johnson	Sharon HS	2485	2017
Pent. - 110 / 100H	Danny Renwick	Old Rochester Regional	14.6h	2017	Brooke Santos	Old Rochester Regional	17.14a	2016
Pent. - High Jump	Danny Renwick	Old Rochester Regional	2.02m (6' 7.5")	2017	Jada Johnson	Sharon HS	1.52m (4' 11.75")	2017
Pent. - Long Jump	Danny Renwick	Old Rochester Regional	6.41m (21' 0.5")	2017	Jada Johnson	Sharon HS	4.93m (16' 2")	2017
Pent. - Shot Put	Danny Renwick	Old Rochester Regional	11.64m (38' 2.25")	2017	Jada Johnson	Sharon HS	7.99m (26' 2.5")	2017
Pent. - 800/1500m	Danny Renwick	Old Rochester Regional	4:47.6h	2017	Brooke Santos	Old Rochester Regional	2:46.19a	2016